

LA PIUMA

/ la - pew - ma / Definition – The Plume

CICCHETTI. / cic – chet – tea /

Definition - Small Italian Plates designed to share

Feel free to order 2 to 3 dishes each, a bit at a time or lots to share - ideally a bit from each section of the menu. Similar to tapas, the dishes will arrive when ready. Expect to see seasonal Italian & West-country ingredients used, with a minimum of fuss, to make our authentic, occasionally quirky, Italian home-made dishes. A menu to treat any dietary requirement – please let us know as we may have a few more options!

STUZZICARE. / stut - tsi - ka - re /

Definition – to tease, to stimulate, to whet, to tantalise the appetite

Antipasti olives & rosemary almonds (Vg, GF)	5
Arancini – beetroot & gorgonzola (V)	5
Home-made focaccia with olive oil & balsamic vinegar (Vg)	4
Sicilian aubergine caponata with toasted ciabatta (Vg)	5
Flat-bread bruschetta with tomato, rocket & parmesan shavings (V, VgO)	5
– with Parma ham	6
A selection of Dorset & Italian charcuterie (GF)	9.5
A selection of Dorset, Somerset & Italian cheeses (V, GF)	9.5
Grilled polenta, gorgonzola & Italian mustard fruits (V, GF)	7
- with air-dried Blackdown Hills ham (GF)	8

PRIMI PIATTI. / pre - me - pee - at - teh /

Definition - a course of a meal, often pasta, follows antipasti

Pan-fried potato gnocchi, seasonal mushrooms & marsala cream (V)	8
- with rosemary cured lardo	9
Braised Dorset venison ragu with pappardelle & black olives	9
Autumn herb & pecorino risotto (V, GF, VgO)	8
– with Parma ham (GF)	9
Strozzapreti with braised rabbit, swiss chard & marjoram	8.5
Orzo with River Exe mussels, spinach, tomatoes & fennel pollen	8.5

All our bread, dough & pasta is made freshly in house

MARE E MONTI. / mar - e - mon - tee /

Definition - the sea & mountains, fish & meat

Meatballs with pomodoro sauce & Parmigiano (GF)	7.5
– with spaghetti	9.5
Breast of free-range chicken saltimbocca & risotto Milanese (GF)	11.5
Feather steak with polenta chips & smoked San Marzano tomatoes (GF)	13.5
Fritto of Cornish hake with chili marmalade	9.5
Cornish gurnard, squash puree, roasted fennel & pumpkin seeds (GF)	13

V – Veggie, Vg – Vegan, GF – Gluten-free, GFO – GF option, VgO – Vegan option

A discretionary 10% service charge is added to tables of 8 or more.

This will be split between the people who served you today.

PIZZETTE. / pea - zet - te /

Definition - baby pizzas (6 inches)

Margherita – tomato, mozzarella & basil (V)	5.5
Del Bosco – mozzarella, chestnut mushrooms, truffle & parsley (V)	6.5
Vegano – tomato, olives, artichokes & aubergine (Vg)	6
Diavola – tomato, mozzarella, Dorset Nduja sausage & chilli	6.5
Quattro Formaggi – tomato, mozzarella, Blue Vinny, brie & taleggio (V)	7

DELLA TERRA. / del - la - ter - ra /

Definition - from the earth or from the garden

Fried new potatoes with sea salt, truffle oil & parmesan (V, VgO, GF) *	5
Raw cauliflower salad, pesto, Parmigiano & walnuts (V, GF)	5.5
Cannellini bean favata with roasted Mediterranean vegetables (Vg, GF)	6
Marinated yellow & candy cane beetroots with ewes curd (V, VgO, GF)	6
Raddichio, Amalfi orange, black olive dressing, garden herbs (Vg, GF)	5.5

All 14 allergens are used in the kitchen incl nuts & whilst we cannot guarantee zero cross contamination, we will do our utmost to avoid it.
* We do not have a separate dedicated fryer for gluten-free / vegan dishes.

DOLCE. / dol - che /

Definition - sweet, luscious, smooth, dessert

Tiramisu – with Tia Maria (V)	6.5
Mascarpone pannacotta, fruits of the forest marmelata & crushed amaretti	6
Dark chocolate semifreddo with honeycomb & pistachio (V, GF)	7
Frangipane, plums & fennel pollen meringue (GF)	6.5
Apple & blackberry mess, coconut sorbet, hazelnut meringues (Vg, GF)	6.5
Gelato – ask for flavours (V, GF)	1 scoop - 2.5, 3 scoops – 6
Affogato – a scoop of vanilla gelato ‘drowned’ in espresso (V, GF)	4.5
Caffe Cannoli – double espresso with a chocolate filled cannoli (V, GF)	4.5
Espresso Martini – espresso, Kahlua, Black Cow vodka & sugar	9
Caffe Coretto – double espresso with a shot of grappa or sambucca	5.5

NOTIZIE. / Nob - titz - zee - ah /

Definition – news, information, dates for the diary

Pub Quiz – normally the first Sunday of each month, however, the next quiz will be on Sunday 14th November at 6.30pm.

Happy Hour – everyday between 5 & 6pm – 25% off all carafes of wines, 2 for 1 on selected cocktails & all ales

